



US Patent # 9314376



Made in the USA

# What are Swivel Vision training goggles?

- Vision training aid created for athletes of various sports and most every position
- Swivel Vision keys in on the most vital component of an athlete's development process—athletic vision
- With repetitive use, athletes will learn to utilize proper mechanics and continually train to reinforce the superior skills necessary for athletic success
- **Goggles are to be used for non-contact practice only**
- **Goggles are not for protective use**



Made in the USA

# Swivel Vision specs / features

- One size fits all
- Weighs less than 4 ounces
- Lightweight rubber and foam backing to provide ultimate comfort while training
- Adjustable strap to fit every head size
- FREE carrying pouch included



# How does Swivel Vision work?

- Creates optimal visual field for athletes while training
- Blocks the athlete's peripheral, upper, and lower vision to allow only the open visual field known as the "binocular vision intersection"
- Open visual field trains athletes to see an object or ball with both eyes giving the athlete full range of depth perception and successful visual processing in conjunction with coordination and reaction speed
- Promotes proper visual mechanics due to construction and positioning around the visual field opening



Made in the USA

# 4 key attributes of Swivel Vision

1. Hand-eye coordination
2. Focus
3. Visual tracking
4. Reaction times





# Train Like the Pros

- **Yasmani Grandal**  
(LA Dodgers, MLB)
- **Cubs, Dodgers, Royals (MLB)**
- **Denver Broncos, Cleveland Browns (NFL)**
- **Boston Bruins, Washington Capitals, Nashville Predators (NHL)**
- **Toronto Maple Leafs, Ottawa Senators (NHL)**
- **Sierra Romero**  
(NPF - National Pro Fastpitch)
- **Kailen Sheridan**  
(NWSL Soccer)

## OTHER NOTABLE TEAMS

- **LSU (NCAA Football)**
- **Vanderbilt University (NCAA Football)**
- **University of Wyoming (NCAA Football)**
- **Texas A&M (NCAA Football)**
- **University of Georgia (NCAA Softball)**
- **University of Kansas (NCAA Softball)**
- **Various NPF Athletes (National Pro Fastpitch)**
- **Various College Sports at every level**



# Baseball and Softball

- Improves hitting—trains athletes to utilize optimal field of vision to track the ball through point of contact with both eyes
- Improves pitching—outside pitch location, focus, and accuracy
- Improves fielding—trains to keep the head and eyes down on the ball while squaring up to the play with the glove out in front

## Basketball

- Increases shooting focus and proper mechanics for dribbling and passing
- Improves reaction speed and court awareness



Made in the USA



# Hockey

- Trains goalies to utilize proper techniques and head/body movement in order to visually track each puck with ultimate precision and reaction speed
- Used on the ice to promote shooting and passing accuracy and visual awareness—visually identifying threats on the ice

## Golf

- Trains for binocular vision at all times—both eyes on the ball
- Forces the head to remain still through the swing to prevent sliding
- Improves overall follow through and form with head centered at address



Made in the USA

# Soccer and Lacrosse

- Optimizes visual awareness on the field and to keep head and eyes level to anticipate next reactions
- Goalies—quicker reaction times and hands/sticks on the ball at all times

## Tennis and Volleyball

- Trains for optimal visual tracking
- Improves reaction time for return serves and planning next ball placement
- Follow through and ball contact



Made in the USA

# Football

- Improves “square up techniques”—keeps head on a swivel
- Reaction time is increased—where the eyes go, the body follows
- Simulates tunnel vision for quarterbacks, training them to look off targets and identify defensive coverage schemes
- Improves hand-eye coordination for ALL players to STAY FOCUSED ON THE BALL
- Enhances overall muscle memory



Made in the USA



US Patent # 9314376



Made in the USA



[swivelvision.com](http://swivelvision.com)